



8 March 2015

Third Sunday of LENT - Veneration of the Holy Cross

8 Березня 2015 р.

CAN YOU NOT WATCH ONE HOUR WITH ME?

(Matthew 26:40; Luke 22:46)

During Lent, the Great Fast, we spend a fair amount of time contemplating the Passion of Christ. The readings from Scripture often enough mention or allude to the theme. We often add to our Liturgies the prayer, "Having suffered the passion for us, Jesus Christ, Son of God, have mercy on us" "Претерпівий за нас страсти, Ісусе Христе, Сину Божий, помилуй нас". In doing so, what we are really doing is meditating on the boundless love of God for us that God, the Son, would come into the world to show us the way and then bear all the suffering and death that life and salvation would be ours. We also, for the most part, try to add to our prayer life. Besides attending the Divine Liturgy every Sunday and Feast Day, which is the minimum obligation of everyone, we may also attend the Liturgy of the Presanctified Gifts or the Way of the Cross. During Passion [Holy] Week, we try to attend some of the services. But... has this trend changed over the years? Do we find ourselves increasing in that practice? Do we attend more often or... less often? What does this tell us about ourselves and our relationship with our Lord?

As we see many things happening in our world... conflicts and wars... the rise and spread of radical and violent Islam... Social trends in the west that are diametrically opposed to the Gospel... a dwindling and even disappearing Church in some parts of the world... a North American society, once the inspiration to the world, now losing its way and its moral authority... To bring it home... we see our own families, struggling to keep together and stay strong, finding themselves in need of more support. These are but to mention a few. Oh, there are positive trends... a growing Church in Africa... Catholics and other Christians in conflict areas willing to witness to and even die for their Faith... a slight increase in the numbers of young men and women entering seminaries and religious life... etc. What, however, can we do about all these trends? Raise funds? Involve ourselves in Mission efforts? Talk? Write? Yes to all of the above. But what we really need to do and must do is start to pray more. Perhaps we may need to learn how to pray—as even the Disciples realized (Luke 11:1—13). But besides learning how to pray better and more sincerely, we simply have to pray more. Our prayer life is a sign of our relationship with our Lord. How much time do we spend with someone we love or something that we love? We spend as much time as possible. Can we really consider the 1.25 hours that we spend once a week and the perhaps 5 minutes a day - a sign of total, unconditional love? Can we expect any significant results? Any members of a marriage or family that spend so little time together are doomed to fall apart. Any team that would spend so little time in practice or any student that spends so little time studying is doomed to failure. If we see things crumbling in the world around us (and let us have no illusions) or if we see positive efforts not enjoying the success that they should, we must ask ourselves how much time do we - people of faith - spend praying? Prayer is powerful, because it lifts up voices that say "Lord, we care!" "Lord, we commend ourselves, our families, our children, our society to You and to You alone. Guide us!" We can do this. Some of us are retired, and yet, do we spend more time in prayer? Why not? Human nature and habit. We must make the effort to change ourselves. When we have some free time... what is our priority? "relaxation"? busy-work? Or can we designate at least some of that time to more prayer? Prayer at church. Prayer with my wife, my family, my friends. Prayer is never something complicated, creepy or dull. It is exciting and comforting, because it puts us into direct contact with our Lord and draws deeper into the mystery of our being full members of the Mystical Body of Christ. The world needs this. Above all, we need this for ourselves.

LITURGICAL SERVICES

Divine Liturgy — Божественна Літургія
*Sunday - Неділя**

9:00 AM Ukrainian/Українська
11:00 AM English/Англійська

Weekdays - Будні (see back page)

Confessions - Сповідь *Baptisms - Хрещення*
Prior to every Divine Liturgy Contact the pastor

Weddings - Вінчання

Contact the pastor 9-12 months in advance

* occasionally subject to change—see back page

Holy Eucharist Ukrainian Catholic Parish
Українська Католицька Парафія Пресв. Євхаристії
505 Watt St. - 'at the corner of Watt & Munroe'

Parish Office: 460 Munroe Ave. Winnipeg, MB R2K 1H4
Hours: Monday - Friday, 8:30 AM - 4:00 PM

Tel: 204.667.8866 **Email: heparish@gmail.com**
Fax: 204.668.2024 **Web: www.HolyEucharist.info**

Parish Auditorium: 505 Watt St. Tel: 204.654.4786
Parish Centre: 460 Munroe Ave. Tel: 204.661.5240
Hall Rentals: 204.880.1334
Perogy Hotline: 204.667.6304



TODAY! Holy Eucharist Parish Annual General Meeting is being held in the Parish Auditorium (yes, just right down stairs!). **COME ON DOWN!** (Even non-voting members are asked to come for the brunch prepared by our youth!) If you didn't pick, up or forgot to bring your AGM report from the Parish Office - some copies will be available for shared use.

Readers, Servers, Girls of Mary, Sacristans, Ushers, Singers - These are very important responsibilities within the Church and certainly within any vibrant parish. Some of them were/are ordained ministries in the Church. These are functions that assist the People of God especially at Liturgical functions and other Prayer events within the Parish (including Funerals! Weddings! Baptisms! Way of the Cross! Weekday Services!). They are very much needed and very appreciated at every service! Yes, they take commitment and they take effort - to learn, to practice every time (especially the readings) so that these functions are executed with dignity and clarity. We thank those who have accepted these responsibilities, both frequently and occasionally, up to now. **We need and want more people to come forward. Please consider offering your time and talent to your Church.** Call the Parish Office this week and offer to serve. 204-667-8866.

RESPECT AND LOVE FOR THE ELDERLY Awaken a collective sense of gratitude towards grandparents and the elderly

Vatican City, 4 March 2015 (VIS) – Grandparents were the focus of this Wednesday's general audience in St. Peter's Square. Continuing his catechesis on the family, today the Pope considered the difficult current situation faced by the elderly, commenting that next week he will present a more positive view of the vocation that corresponds to this stage in life.

Thanks to advances in medical care, the Holy Father observed, life expectancy has increased and there is a far greater number of elderly people, but nevertheless society has not adapted to this change, and has not responded by creating space for them, with the respect and consideration their fragility and dignity demand. "When we are young, we are induced to ignore old age, as if it were an illness to keep at bay; however, once we become old, especially if we are poor, ill and alone, we experience the gaps in a society programmed for efficiency, which as a consequence ignores the elderly".

He recalled the words of Benedict XVI during his visit to a residential home for the elderly: "The quality of a society ... is also judged by how it treats elderly people and by the place it gives them in community life", and exclaimed, "A civilisation can sustain itself if it respects wisdom, the wisdom of the elderly. On the contrary, a civilisation in which there is no place for the elderly or in which they are discarded because they create problems ... carries the virus of death".

He continued, "In the west, scholars present the current century as 'the century of old age: there are fewer children and an increase in elderly people. This imbalance is a great challenge to contemporary society. And yet, a certain culture of profit insists on making the elderly appear to be a burden, an extra weight. They are not only unproductive; they are an encumbrance, and are to be discarded. And discarding them is sinful. We do not dare to say this openly, but it happens. There is something cowardly in this inurement to throwaway culture. We want to remove our growing fear of weakness and vulnerability, but in this way we increase in the elderly the anguish of being inadequately supported and abandoned".

Francis recalled that during his ministry in Buenos Aires he had first hand experience of these problems. "The elderly are abandoned, and not only to material precariousness. They are abandoned as a result of our selfish inability to accept their limits, which reflect our own limits, in the many difficulties that they must overcome nowadays to survive in a civilization that does not allow them to participate, to have their say, or to be referents according to a consumerist model in which 'only the young can be useful and can enjoy themselves'. The elderly should instead be, for all of society, the reserve of wisdom of our population. How easy it is for our conscience to slumber when there is no love".

In the tradition of the Church, there is "a legacy of wisdom that has always promoted a culture of closeness to the elderly, a willingness to provide affectionate and supportive accompaniment in this final stage of life. This tradition is rooted in the Sacred Scripture". Therefore, "the Church cannot and does not wish to conform to a mentality of impatience, far less indifference and disdain, with regard to old age. We must reawaken our collective sense of gratitude, appreciation and hospitality that enable the elderly to feel like a living part of the community. The elderly are men and women, mothers and fathers who have walked the same road before us, in the same house, in our everyday struggle for a dignified life. They are men and women from whom we have received much. The elderly person is not an alien. We are the elderly: sooner or later but in any case inevitably, even if we do not think about it".

"We are all a little fragile, the elderly", he continued. "Some, however, are particularly weak, many are alone, and affected by illness. Some depend on the indispensable care and attention of others. Will we take a step back for this? Will we abandon them to their fate? A society without closeness, in which gratuitousness and selfless affection – even among strangers – are disappearing, is a perverse society. The Church, faithful to the Word of God, cannot tolerate these degenerations. A Christian community in which closeness and gratuitousness are no longer considered indispensable, would lose its soul with this. **"Where there is no honour to the elderly, there is no future for the young".**



UCWLC News

A special Thank You to all the ladies for their endless work and dedication in making this year's Annual Daffodil Tea such a huge success. We would like to also thank all those Parishioners who came out to support us!

Attention!! DATE changed!!
Please do not forget it is our Sunday - March 29, 2015 at Holy Family Nursing Home for transporting residents to Divine Liturgy!!


During the Lenten Season, let us, all try and think of those less fortunate in our community. Let us as a Parish family, rally together and collect items that are needed...dry goods, pasta, rice, etc. Canned goods, soap, shampoo, winter wear, mitts, scarves, hats and gently used coats. Please bring these items to the Parish Auditorium or Parish Office. We will be collecting until Palm Sunday.

Pysanka Workshop at Holy Eucharist!

March 14, 2015 in the Parish Auditorium
1:00 pm to 4:00 pm
For more information and to register call Roseanne Witko @ 204.663.7156
NEXT WEEK !!!!!



VIGIL LAMPS Mar 1—Mar 7, 2015	
BLUE Marian Side Altar	<i>For the late +Zenova Lewandosky, by Joan Lewandosky & Henry Kuzia</i>
RED Saviour Side Altar	<i>May the Lord open our hearts and our minds, granting us as a Parish the wisdom to continue the good works in the name of our most heavenly Father.</i>
THIS WEEK'S READERS:	
10:00 AM	John Petryshyn
READERS <u>Next</u> Sunday (Mar.15, 2015)	
9:00 AM	Helen Mazur
11:00 AM	Curtis Shupenia
THIS WEEK'S USHERS	
10:00 AM	Semeon Hrushovetz Leonard Rybak
USHERS <u>Next</u> Sunday (Mar. 15, 2015)	
9:00 AM	John Prociuk Peter Prociuk
11:00 AM	Morris Mazur Walter Maniowich
Please keep Father Michael and all the parishioners of Dauphin in your prayers that they will have a successful, God-inspired Lenten Mission. Anyone needing pastoral attention next weekend (13-15 March) are asked to call Fr. Ed 204-250-5210 .	
HOLY EUCHARIST BOOK STORE A wide range of spiritual and inspirational reading... Many beautiful gift ideas for Birthdays, Weddings, First Holy Communion, Baptisms... cards, Icons, Rosaries, Chotky & Crosses. GIFT CERTIFICATES AVAILABLE! For More Information Contact Liz at 204.334.2081 Living Faith Booklets are now available at the bookstore!	

Жертводавство	
<i>"The portion of your blessings that you have returned to the Lord" For the Week of March 1, 2015</i>	
1. Envelopes	\$2454.00
2. Open Collection	\$66.50
3. Vigil Lights	\$90.86
4. Initial Offering	\$10.00
5. Van Donation	\$20.00
6. Iconostas	\$300.00
7. Lenten Donation	\$90.00
8. Lenten Mission	\$115.00
9. H.S. Seminary	\$10.00
10. Easter Flowers	\$35.00
11. Palm Sunday	\$5.00
Total this week \$3196.36	
 Coffee House Schedule March 8/15- AGM Parish Auditorium March 15/15 - UCBC extra special Coffee house!! March 22/15 - UCBC extra special Coffee House!! March 29/15 - Palm Sunday - H.E. Y.	
Choir Practices	
Wednesdays March 11, 18, and 25th.	
Please all plan on attending. We are beginning to prepare for the Easter Season.	
	
Job Opportunity —St. Nicholas Parish is looking for a full time Secretary (9am-4pm, M-F). For those interested please email Fr. Zachary at zachary@osbm.ca. Deadline March 20, 2015.	

Important PARISH Contacts	
Father Michael 204-654-4157	
Father Edward 204-250-5210	
Parish Council Chairperson: Cathy Evanyshyn 204-669-6479	
Catechism—Coordinator Joan Buchel 204-334-7207	
Epistle Readers / Ushers - Call: Parish Office 204-667-8866	
Altar Servers - Coordinator: Spencer Katerynyuk 204-338-4167	
H.E. Youth - President: Damon Fawcett 204-797-0917	
U. C. Brotherhood -President: Ron Aftanas 204-661-0025	
U.C. Women's League - President: Lydia Firman 204-668-1920	
Knights of Columbus - Grand Knight: Edward Swiecicki 204-663-6513	
Seniors—President Bernice Hrehirchuk 204-669-2068	
Sunday Rosary - Coordinator: Dave Hrehirchuk 204-669-2068	
Bingo/Nevada—President: Matthew Bakan 204-663-9621	
SEE A PROBLEM? LET US KNOW! <i>Maintenance request forms are in the Church, Parish Centre and Parish Auditorium. Please fill out the form and leave it in the drop box. The P.M. committee will get on it...!</i>	
Miraculous Icon	
	
Will be in the home of Linda Kadeshuk . Anyone interested in gracing your home with this Miraculous Icon can call Evelyn Tymchuk @204-667-6791. Please call if you would like to have the ICON in your home!	
Please remember in your PRAYERS and VISIT:	
Ollie Kostiuk, Michael Kostiuk, Fr. Eugene Rudachek, Susan Chomiak, Mary Schurko, Tena Lisowick, Alice Lapka, Steve Romas, Mary Ann Prociuk, Theresa Letwin, Stan & Ollie Evanyshyn	
Bethania: Metro Babiak, Riverview: Bill Tataryn, Sharon Williamson Holy Family: Ollie Smerek, Nell Lupyrypa, Mary Horbal, Irene Omeniuk Kildonan Personal Care Home: Emily Sabeski Maples Care Home: Julia Parabochy Donwood: Kay Laschuk	
Call Elaine Bowman of the Pastoral Visits Team at 204.668.9630 to find out more.	
Call our priests anytime for a Pastoral or Sacramental visit .	
What would you love to see at Holy Eucharist Parish? What are you willing to do/offer/change yourself to see it happen...? Let's talk...	

UPCOMING EVENTS

- 8 March, Sunday**
 10:00 am - One Divine Liturgy followed by Annual General Meeting/Luncheon
 3:00 pm - Gala Concert in honour of Taras Shevchenko on the eve of his birthday (1814). Koshetz, Hoosli, Melos, etc. Jubilee Place Concert Hall, 173 Talbot Ave.
- 14 March, Saturday**
 9:00 am—*Angels of Mary Requiem* service.
 1:00 pm to 3:30 pm - "Chotky" workshop, St. Joseph's Parish, 250 Jefferson Ave. \$20 per person.
 6:00 pm - IHMS Annual Fundraising Dinner, Holy Eucharist Parish Centre. For tickets call the school office at 204.582.5698 (Tax receipts will be issued)
- 15 March, Sunday**
 1:30–3:30 pm—The Ladies Society of Immaculate Conception Church, Cooks Creek, invites you to attend the 44th Annual Spring Tulip Tea.
- 23 March, Monday/25 March Wednesday**
 7:00 pm - St. Anne Parish, 35 Marcie St. LENTEN MISSION: "How wonderfully faithful and lovingly patient our God is with us."
- 28 March, Saturday**
 7:00 pm - A screening of the movie "The Triumph" - at the Chancery, 233 Scotia Ave. Call Tamara @ 204.338.7801 ext 6 for more info.
 Youth winter games "Ball Hockey"—12:30 pm—2:30 pm, 5-10 yrs old. 2:30pm - 4:30 pm: 10-16 yrs. At St. Joseph's Parish, 250 Jefferson.
- 29 March, Sunday**
 1:00 pm — to 3:00 pm Annual UCWLC Palm Sunday Tea, St. Basil's Ukrainian Catholic Parish, 202 Harcourt St.
 3:00 pm - Watching & Waiting, Palm Sunday Retreat with Metropolitan Lawrence. Sister Servants of Mary Immaculate residence Bethany House, 131 Aberdeen Ave. Potluck to follow.
- 3 April, Good Friday**
 7:00 pm - The Macenko Choir will sing the beautiful "Jerusalem Matins" at St. Nicholas Ukrainian Catholic Church, 737 Bannerman Ave., Winnipeg MB. All are welcome to attend and pray together before the "Holy Shroud" - "Плащаниця".



This year, our Lenten preparation will include a day of spiritual renewal and Confessions during the week prior to Palm Sunday. Parishioners are encouraged to watch for the various Lenten Missions and Days of Renewal scheduled in the Parishes in the city.

St. Alphonsus Parish invites you to participate in its first 5km fun "Run to the Empty Tomb" run/walk on Saturday April 11th at 9 am with prayer at 8:45 am. This run/walk is open to all ages and abilities. 6 laps of the route = 5km. Run/Walk as many laps as you wish! This is an opportunity to celebrate the joy of Easter together as neighboring communities. Registration money raised will go toward our three children whom we have sponsored through the Chalice program. The event will feature our very own DJ Gordo from Body Bounce Productions, each participant will receive an official race bib, finisher's medal, and a light breakfast. For more information and registration forms, please contact our race committee ginaborges@cjamesrun.com 204-667-9580 ext. 3 or visit our facebook page at St. Alphonsus Church - Winnipeg. Registrations are limited so please register early!

Weekly Liturgical Service

Порядок Богослужінь

*NOTE—Some services omitted this week!

Sunday, March 8, 2015

Third Sunday of Lent—Veneration of the CROSS

(Epistle: Hebrews 4: 14 – 5: 6;

Gospel: Mark 8: 34 – 9: 1)

10:00 am Divine Liturgy • For all Parishioners

• +Lillian Kutzak (40 days), by Family



Monday, March 9

40 Martyrs of Sebastia

(Epistle: Hebrews 12: 1-10;

Gospel: Matthew 20:1–16)

9:00 am Divine Liturgy • For the Health of Nell Lupyrypa, By

Stella and Helen

Tuesday, March 10

Martyr Codratus of Corinth

(Epistle: 1 Corinthians: 1: 18 – 25;

Gospel: Matthew 13:36-43)

9:00 am Divine Liturgy • +Murray, By Nadia Kozoris & Family

Wednesday, March 11

Patriarch Sophonius

(Epistle: Galatians 2:16-20;

Gospel: Matthew 9:18-26)

9:00 am Liturgy • +Kay Sawula, By daughter Eleanor

Smallwood & Family

5:30 pm—Liturgy of the Presanctified Gifts (Передосвячена)

Thursday, March 12

Confessor Theophane

(Epistle: Galatians 5:22-6:2;

Gospel: Matthew 25:14-30)

11:15 am Divine Liturgy • +Anthony Okurley, (Brother in-law

of Don Tomchuk), By the K of C

Friday, March 13

Transfer of the relics of Nicephorus

(Epistle: 2 Timothy 3:10-15;

Gospel: Matthew 25:1-13)

9:00 am Divine Liturgy • +Emily Sabeski, By the Parish UCWLC

7:00 pm—Stations of the Cross

Saturday, March 14

All Souls Saturday

(Epistle: Hebrews 6:9-12;

Gospel: Mark 7:31-37)

9:00 am Memorial Liturgy (Christmas Angels) • +Alex, +Nancy &

+Leonard Ledarney, By Stan & Sharon Baran



Sunday, March 15

Fourth Sunday of LENT

(Epistle: Hebrews 9: 17 - 31;

Gospel: Mark 2:1 - 12)

9:00 am Divine Liturgy • For all

Parishioners

11:00 am Divine Liturgy

• Blessings for good health for

Oksana Bodie, By husband Tom

& Family